## **NUS-Priority Research In Medical Education**

## Exploring the Use of Race in Medical Education in Singapore: A Historical and Autoethnographic Approach



Autoethnography is a technique in which author first documents their experience, before sharing and reacting to the experience, practising self-reflexivity to identify gaps or biases in their own perspective. I discuss my UROP project which uses autoethnography as a lens to systematically analyse how race is used in medical education. Race is a commonly used category in clinical contexts in Singapore. With access provided as a medical student in Singapore, I connect my experiences in medical education with race taught as a diagnostic factor to racial formation in 19th Century British Colonialism.

Dr CHING Ann Hui National University Hospital, Singapore

Ann Hui is currently a House Officer at National University Hospital, Singapore, and a recent graduate of NUS Medicine.

## **Evaluation of a Mindful Caring Workshop for Medical Students: A Pilot Study**



The Mindful Caring Workshop is a four-day adaptation of a week-long Mindfulness-Based Stress Reduction (MBSR) Course conducted on Zoom for undergraduate medical students during their electives period. In this study, we evaluated the effectiveness of the online Mindful Caring Workshop pilot, to explore the impact its usefulness in medical students.

Ms Isis Claire LIM Zhen Yu Yong Loo Lin School of Medicine, National University of Singapore, Singapore

Isis is currently a final year medical student in National University of Singapore, with a keen interest in research in neurosciences, urology and medical education.

Date: 1 August 2022 (Monday)

Time: 12.30pm - 1.30pm Singapore Time (30mins each)

This session will be conducted online Each Speaker: 20mins pre-recorded presentation + 10mins 'Live' Q&A Registration closes on 28 July 2022

Register here or scan the QR code









